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| **August**  Counseling Master Calendar  Sunset Ridge Elementary School  2009-2010   * Beginning of school orientation for all classes * GRIN folder given to teachers * Begin Guidance lessons monthly in all grades * Review 08-09 attendance/behavior/grade data and plan guidance/groups * Review 08-09 drug use survey and plan guidance/groups * Self-referral for groups * Newsletter Article * Superintendent’s Advisory Council Meetings * School Improve Team Meetings * Boys Town Observations * 6th Grade twice weekly lessons (Too Good For Drugs) * 2nd Grade weekly lessons (Too Good For Violence) * 7/8 Project Alert with Health Teacher * Club Ophelia begins * Boys Town meetings | **January**   * Begin career lessons with 7th & 8th graders * Schedule college visits for 8th grade * Newsletter article * Begin 5th grade Healthy Body Image Curriculum * Bi-weekly guidance lessons * Counseling Groups formed * School Improvement Team Meetings * BT Observations/Meetings * Tunnel of Hope (Jan 4th) * Superintendent’s Advisory Council * Student Success Team Meetings * Begin 5th Grade Weekly Lessons (Too Good For Drugs) * Boys Town Meetings * Newsletter Article about goal setting * University High Visit |
| **September**   * CPS Presentation at Staff meeting * Newsletter Article * Begin Groups * Guidance Lessons bi-weekly in all grades * Schedule speakers throughout the year (Nat’l Guard, ASU, GREAT, DARE) * Kids At Hope Week (14th-18th) * School Improvement Team Meetings * Boys Town Observations/Meetings * District Advisory Council * Bi-weekly guidance lessons * 7/8 Project Alert with Health Teacher * 5th Grade Strand 3 Group formed * Attendance group formed * Teacher group referrals handed out * All other groups started * Superintendent’s Advisory Council * Student Success Team Meetings | **February**   * Mix It Up at Lunch Day * Friendship Week (8th -12th ) * Bi-weekly guidance lessons * Counseling Groups continue * National Guard for 6th grade * Newsletter article * School Improvement Team Meetings * BT Observations/Meetings * School Counseling Week * Superintendent’s Advisory Council * Newsletter Article about Friendship Week * Ronald McDonald Reading play |
| **October**   * Newsletter Article * Guidance lessons bi-weekly in all grades * Counseling Groups continue * School Improvement Team Meetings * BT Observations/Meetings * Superintendent’s Advisory Council * Visit Boys Town in Nebraska * Present at Nebraska School Counselor’s Association annual conference * National Guard to come for 7/8 * Superintendent’s Advisory Council * Student Success Team Meetings * High School Expo * Counseling Dept. Newsletter * Presented at Nebraska School Counseling Conference * Visited Boys Town in Nebraska | **March**   * Test preparation lessons * Guidance lessons continue * Counseling groups continue * Present at AzSCA Conference * School Improvement Team Meetings * BT Observations * Newsletter article * Student Success Team Meetings * Superintendent’s Advisory Council * Newsletter Article * Present Staff Development on ADHD/Bipolar in children * Community Collaboration Breakfast |
| **November**   * Red Ribbon Week (2nd-6th) * Newsletter Article * SR Advisory Council meeting * Community Collaboration Breakfast * Bi-weekly classroom lessons * Counseling groups continue * Weekly third grade lessons begin (Too Good For Violence) * School Improvement Team Meetings * Christmas Angels family referrals * Superintendent’s Advisory Council * Student Success Team Meetings * 6th grade Drug-Free Carnival * Begin 4th Grade Weekly Lessons (Steps to Respect) * Begin 3rd Grade Weekly Lessons (Too Good For Violence) * Advisory Council Meeting * Veteran’s Day Assembly | **April**   * Testing tips guidance lessons * Counseling groups continue * Career Fair/Week (4/26-4/29) * College Is For You 8th (4/19) * ASU field trip (4/20) * Data Collection * Guidance Lessons continue * School Improvement Team Meetings * PESD Advisory Council Meeting * Boys Town Observations * Student Success Team Meetings * Superintendent’s Advisory Council * Advisory Council Meeting * Newsletter article * Assisted with ADE/AzSCA Lesson Planning workshop |
| **December**   * Newsletter Article * Bi-weekly classroom lessons * Counseling groups continuing * School Improvement Team Meetings * BT Observations/meetings * Christmas Angels * Superintendent’s Advisory Council * Fall Groups end * Bi-weekly guidance lessons | **May**   * End class lessons and groups * Data Collection * Newsletter article * High school prep with 8th graders * School Improvement Team Meetings * Advisory Council Meeting * Child’s Play bullying play |

Guidance Lesson Schedule

Master calendar

Sunset Ridge Elementary

2006-2007

Curriculum Descriptions:

**Good Talking Words –** Goals are to develop cooperative, prosocial behaviors and to teach children specific communication skills and the expected behaviors needed to initiate and respond in socially acceptable ways.

**Second Step** –A district approved curriculum which teaches social and emotional skills for violence prevention.

**Get Real About Violence** - A violence prevention program which focuses on changing violent behavioral norms in schools. Based on the risk reduction of Hawkins and Catalano, the program has a strong social skill component and focuses on the vulnerability, the contributors, and alternatives to violent situations.

**Core Essential Character Program** – A Character Education program sponsored by Chic-fil-a restaurant which teaches children about character and values. Developed by teachers and parents with lessons that can be used at home and at school. Program was tested over a 3 year period and highlights one value each month of the school year.

**Be Cool** – Lessons designed to help students deal with the challenging situations presented not only by their peers, but with parents, teachers and other authority figures.

**Project Alert** - Nationally recognized, middle grade, substance abuse program that gives students insight, understanding and actual skills for resisting substance abuse. Project ALERT successfully addresses tobacco, alcohol, marijuana and inhalants, the substances teens are most likely to use.

**CASA/ POWER** – District approved program that empowers students to build healthy relationships and self-esteem, while reducing dating violence among adolescents. The program aims to increase resistance to negative peer pressure and gender stereotyping.

**Woolies, Not Bullies** – A bullying prevention program aimed at younger elementary students. Teaches all students how to handle bullies and stand up for one another.

**Bullyproofing Your School –** District approved lessons given to students on understanding bullying behaviors, empowering the victim and empowering the bystanders.

**Ready Freddy –** Bully prevention program which teaches students refusal skills. Program involves three skits which focus on fighting, teasing and other problematic behaviors. Students learn how to handle themselves in a bullying situation.

**Modern Woodmen of America Safety and Life Skills Program** – Program that teaches students about making healthy and safe choices. Lessons focus on stranger danger, home and telephone safety, health and body safety, bulling and friend safety among others.

**Three-Year Plan for Guidance Lessons**

Guidance Curriculum for 2005-2006

K – Second Step

1 – Get Real About Violence/ Woolies, not Bullies

2 – Core Essentials/Get Real About Violence

3 – Core Essentials/Get Real About Violence

4 – Core Essentials/Get Real About Violence (Modules 1 and 2)

5 – Core Essentials/Get Real About Violence (Modules 1-2-3)/ Be Cool

6 – Second Step/Get Real About Tobacco/Bullyproofing Your School

7 – Project Alert follow-ups/Get Real About Violence

8 - Project Alert/CASA/Career Education

**Guidance Curriculum for 2006-2007**

**K – Good Talking Words**

**1 – Modern Woodman**

**2 – Character Education**

**3 – Character Education**

**4 – Ready Freddy Bully Prevention Program**

**5 – Be Cool**

**6 – Second Step/Get Real About Tobacco**

**7 – Get Real About Violence**

**8 – Get Real About Violence/ Career Lessons**

Guidance Curriculum for 2007-2008

K – Second Step

1 – Second Step, Woolies, not Bullies

2 – Second Step

3 – Get Real About Violence

4 – Second Step/Bullyproofing your school

5 – Get Real About Violence/Be Cool

6 – Second Step/Get Real About Tobacco

7 – Get Real About Violence

8 – Project Alert/CASA/Career Education

* Please note that these are subject to change as district adopts new programs for the Counseling Department.
* Lessons may change due to special concerns in specific classrooms.
* I adapt my lesson schedule based on the need of the class.