### Classroom Guidance Lesson Plan

**Sunset Ridge Elementary**

**Mindy Willard**

## Teacher/Grade Third Grade

**Date:**

**Lesson Topic:** Habit 2: Begin with the End in Mind

# Objectives

Students will understand the importance of Goal Setting.

Students will know how to use small steps to help us achieve our big goals.

Students will understand the difference between an Academic Goal and a Social Goal.

# ASCA Standards

A: A2.2 Demonstrate how effort and persistence positively affect student learning.

C:A1.6 Learn how to set goals

C:CA1.7 Understand the importance of planning

PS: A1.3 Learn the goal-setting process

# 3rd Grade Standards

S1C1 PO 1. Generate ideas through a variety of activities (e.g., brainstorming, graphic organizers, drawing, writer’s notebook, group discussion, printed material).

S1C6 PO 3. *Ask relevant questions in order to comprehend text.*

**Materials-** Bear puppet, 7 Habits of Happy Kids Book, Bear Puppet, Goal Setting Worksheet

**Pre Assessment:**

**Anticipatory Set:**

1. Ask what a GOAL is and why we have goals – goals are something we want to accomplish.
2. Share some of my own goals and how I accomplished them.
3. Tell students at the end of our story we are going to talk about what Goob’s goal was.

**Activity I – “Goob and the Bug Collecting Kit”**

1. Read chapter 2 and facilitate questions from end of story.
2. Review Baby Steps at end of chapter.
3. Ask class what Goob’s Goal was…did he achieve it?
4. Draw a ladder on the board – write Goob’s Goal at the top (to earn $4).
5. Talk about how Goals help us stay on track and that to achieve a goal we have to break it down into small steps.
6. On the ladder – facilitate discussion and record the small steps Goob took to reach his goal.

**Activity II – Academic & Social Goal Setting**

1. Create a class Tree Map for Social and Academic goals.
2. Brainstorm types of Academic Goals students may set and types of Social Goals students may set (related to social skills).
3. Students will select either an Academic or Social goal that they wish to accomplish during 3rd grade and complete the attached Goal Setting Worksheet.

**Post Assessment:** Students will evaluate and keep track of their progress towards their goal.

**Homework:** Send home coloring sheet. Have students add a talk bubble and write “I am responsible, I choose my attitudes, actions and moods. I do the right thing, even when no one is looking” in the talk bubble**.**