**7 Habits of Highly Effective Teens**

Last Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ First Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Period \_\_\_\_\_\_\_\_\_\_\_\_\_

**Chapter 1**

**7 Habits of Defective Teens 7 Habits of Effective Teens**

*“Depending on what they are, our habits will either make us or break us. We become what we repeatedly do.”*