### Classroom Guidance Lesson Plan

**Sunset Ridge**

**Mindy Willard**

## Teacher/Grade Second Grade

**Date:**

**Lesson Topic:** Chrysanthemum

# Objectives

Obj: To understand how our words can hurt another person.

Obj: To understand that once we say something to someone, it is hard to repair the damage.

Obj: To identify ways to “build” someone up rather than “put them down”.

# ASCA Standards

# 2nd Grade Standards

**Materials-** Chrysanthemum by Kevin Henkes, large heart cut out of butcher paper with small heart poem glued to center. Copies of blank heart/bandaid for each student. Option - Bandaids for each student to put inside of a heart.

**Pre Assessment:** Tell your neighbor 3 ways to fix a broken heart.

**Anticipatory Set:**

1. Ask student what a heart shrinker is (a put down). Facilitate a discussion about examples of heart shrinkers.
2. Ask students what the opposite of a heart shrinker is (heart stretcher – put ups). Facilitate a discussion about examples of heart stretchers.
3. Show large heart – explain that we are going to read a story about a little girl and this is her heart. Let’s watch what happens to her heart as we read the story.

**Activity I – Read Chrysanthemum by Kevin Henkes**

1. Select 5 students to come up to the front of the room as you read the story. During the story each time someone “shrinks” Chrysanthemum’s heart, a student is to rip or wrinkle the large heart, then pass it to the next person.
2. Option – pass the heart around the room and have all students participate.

**Activity II – Mending a broken heart**

1. Ask students if they can think of any ways to fix Chrysanthemum’s heart. (ask her to play, give her a heart stretcher etc)
2. Give a band aid to students who have an idea – ask them to come up and try to fix the heart with their “heart stretcher”.
3. In the end observe that the heart is not the same as it was in the beginning and it never will be.
4. We cannot easily fix a heart that we have broken with our words and actions.

**Activity III – My Heart**

1. Give each student a blank heart/band aid paper. Ask them to write their name on the band aid.
2. Students will practice writing “heart stretchers” to each other.
3. Students will pass their paper to the right and write a “put up” or “heart stretcher” about the person whose name is on the band aid on the heart somewhere. Pass until time is up or papers have gone all around the room.
4. Give hearts back to owner, allow owner to cut out and decorate their heart.

**Post Assessment:** Tell your neighbor 3 ways to mend a broken heart.



Before you speak

Think and be smart

It’s hard to fix

A wrinkled heart.